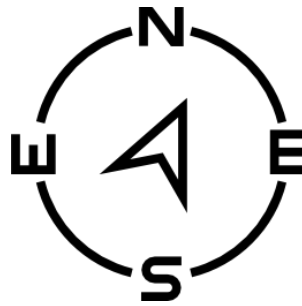


Personal Strategic Plan

Sample Name

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ANTHONY HILDER

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Introduction

This report analyses the results from the recent assessment undertaken by you. The goal of this report is not just to learn where you are strong or weak, but to also provide information to move forwards in improving in each area. These may be quick fixes, or they may not. Either way, improving in one area will positively impact the overall health of others. This report is presented in three parts:

- I. An [executive summary](#) of the report.
- II. An [analysis](#) of the results.
- III. A [strategic plan](#) of recommended steps to improve your overall 'life health'.

Each assessment question, and overall rating for each life area, will be presented as a bar with a rating of 0% to 100%. The higher the percentage score, the healthier the area.

Critical	Unhealthy	Concern	Review	Healthy
0% - 20%	21% - 40%	41% - 60%	61% - 80%	81% - 100%

The findings are intended to kickstart conversations. I would recommend that you review this report before inviting an honest dialogue with key people in your life aimed at determining the next steps you will take to improve the health of your life.

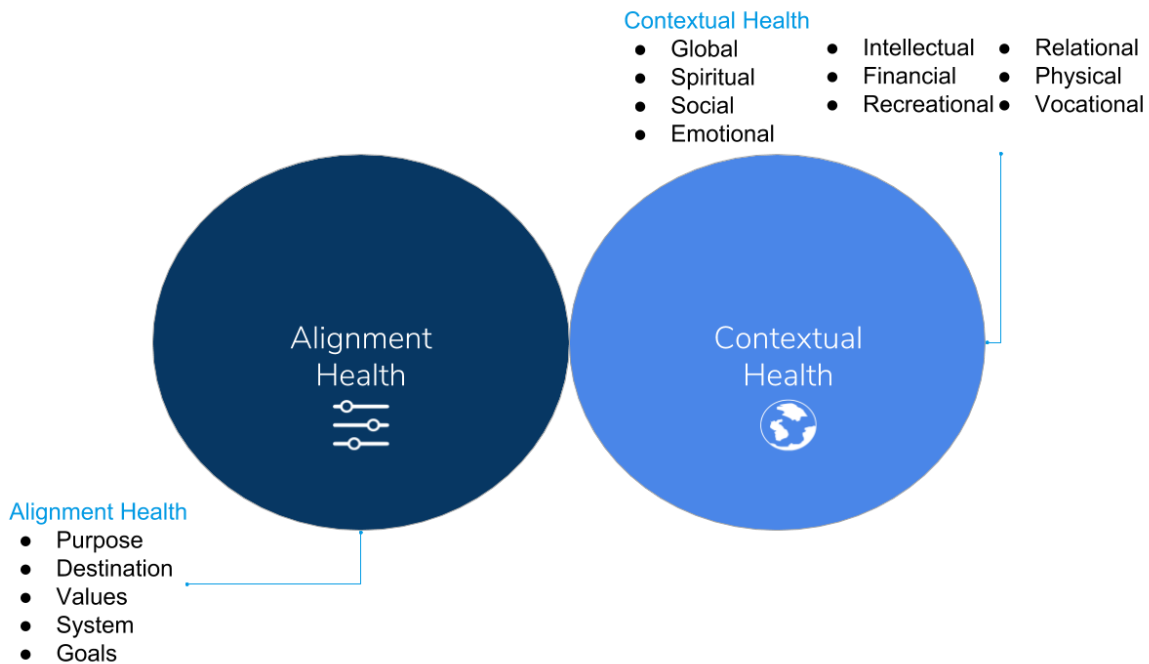
Life Health Explained

There are fifteen areas, grouped together into two aspects, that all people, regardless of context, beliefs or behaviour, need to be strong in to ensure overall health. These two aspects are:

Alignment Health is a measure of the one's focus on a clear purpose. In effect, it answers the question 'how aligned towards a purpose am I?'

Contextual Health is the measure of our life balance within the world, using ten life expressions. In effect, it answers the question 'how balanced am I?'

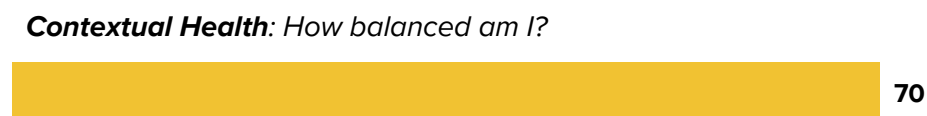
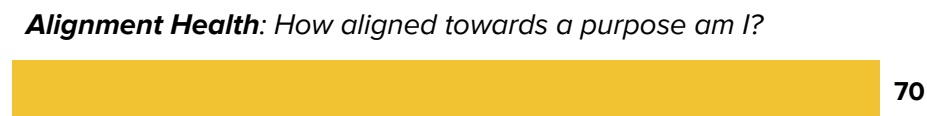
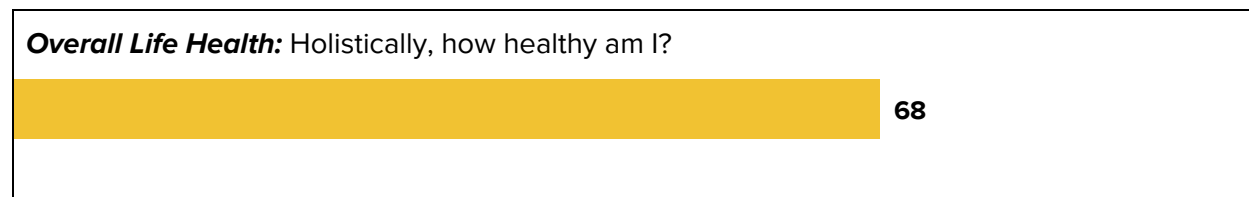
These two scores together give us the overall **Life Health**, which in effect answers the question 'holistically, how healthy am I?'



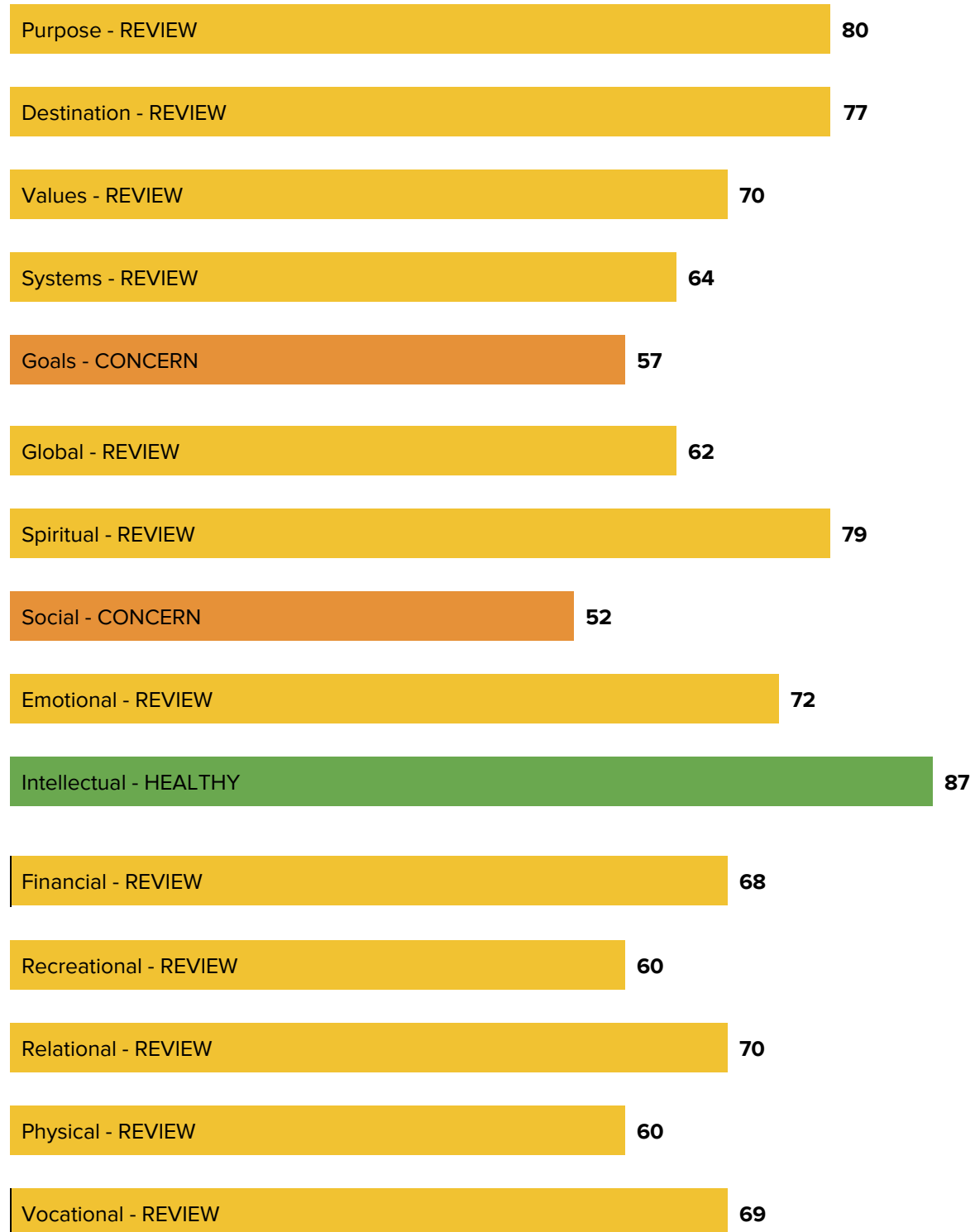
Executive Summary

The assessment results show that overall, you have clear strengths but there are clear areas for improvement. Alignment and contextually, I would recommend a review to increase health in each. This will benefit you overall.

More detailed breakdowns of these three aspects scores are contained on the following pages.



Summary Scores



Analysis

The [analysis](#) of the results is presented as three assessments:

- I. Alignment Health
 - A. Purpose
 - B. Destination
 - C. Values
 - D. Systems
 - E. Goals

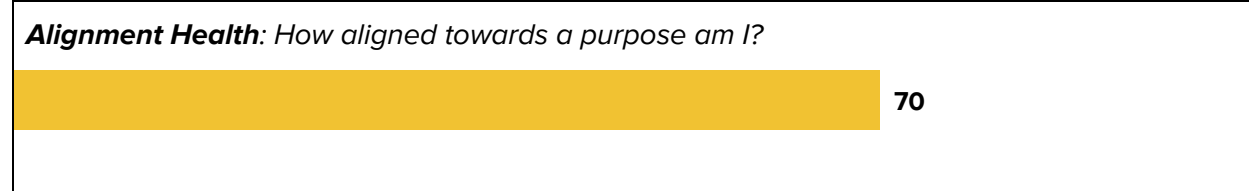
- II. Contextual Health
 - A. Global
 - B. Spiritual
 - C. Social
 - D. Emotional
 - E. Intellectual
 - F. Financial
 - G. Recreational
 - H. Relational
 - I. Physical
 - J. Vocational

- III. Individual Strengths & Weaknesses
 - A. Strengths
 - B. Weaknesses

- IV. Strategic Plan

Alignment Health

Alignment Health is a measure of the individuals focus on a clear purpose. In effect, it answers the question ‘how aligned towards a purpose am I?’ It can be measured by assessing five elements:



A low score indicates one or more of five things: an unclear purpose, a destination that is not consistently purpose-driven, values at odds with the destination, systems that do not serve the destination, or goals that will not advance the purpose of the individual.

Overall, you have areas needing review when it comes to your alignment health. Encouragingly, you seem clear on your purpose meaning you understand what you need to do to see success.

The main way to increase the health of this area would be to work on ensuring clear and relevant goals are developed and implemented.

Alignment Health Breakdown

Purpose: Am I clear on what I need to do to see success?



Destination: Am I clear on what success looks like?



Values: Am I effectively cultivating the beliefs needed to see success?



Systems: Am I building something that will help me see success?



Goals: Do I have a clear and effective plan for success?



Purpose

Purpose: *Am I clear on what I need to do to see success?*

80

The individual's purpose clarifies their reason for existence. A low score could mean time, resources and energy will be wasted on endeavours not part of why they feel they are alive.

Overall, you have areas needing review when it comes to your purpose. Encouragingly, a clear purpose statement has brought focus meaning you are clear on what you need to do to see success.

The main way to increase the health of this area would be to ensure you are continually mindful of your purpose and how it shapes what you should do.

Destination

Destination: *Am I clear on what success looks like?*

77

The organisation direction provides a ideal future for life. A low score could mean there is be no target to aim for, or guiding picture of what success looks like.

Overall, you have areas needing review when it comes to your direction. Encouragingly, there is a sense of excitement about where you are headed, which is helped by your clarity on the direction.

The main way to increase the health of this area would be to ensure that you have a clear direction statement, seen by all, that describes what the preferred or prophesied future of your life will look like.

Values

Values: *Am I effectively cultivating the beliefs needed to see success?*

70

An individual's values reveals their thinking. A low score could mean beliefs, preferences, attitudes and behaviours exist that may be counter-productive to the direction.

Overall, you have areas needing review when it comes to your values. Encouragingly, there is a sense that you embody the core values you claim to have.

The main way to increase the health of this area would be to develop value development plans for each core value, that seeks to develop each core value so they become an authentic lifestyle.

Systems

Systems: *Am I building something that will help us see success?*

64

An individual's systems shows the focus of their activity. A low score could mean an inability to fully maximise the available resources, or that the individual is process, people or program-led instead of direction-led.

Overall, you have areas needing review when it comes to your systems. Encouragingly, there is a consistency in terms of both time spent on personal development, and development from others.

The main way to increase the health of this area would be to develop a routine that will see you able to plan consistently all the things you want to do.

Goals

Goals: *Do I have a clear and effective plan for success?*

57

An individual's goals demonstrates their priorities and direction. A low score could mean there are no clear steps forward and no momentum to bring about change.

Overall, you have cause for concern when it comes to your goals. Encouragingly, your purpose does shape your personal priorities.

The main way to increase the health of this area would be to set clear goals, with each goal having a timeline and a process to ensure that goal isn't neglected.

End of Sample

As this is a sample strategic plan, I have only included the Alignment Health portion. A full strategic plan includes a Contextual Health section, which examines ten areas of life to determine overall balance. There is also a strengths and weaknesses report, and an action plan of recommended next steps.

Included in the overall package is with this strategic plan is a free follow-up consultation call with me to discuss this report and its findings, as well as map out possible ways forward.

If you are interested in finding out more, please contact me at anthony@anthonyhilder.com.

Personal Strategic Plan

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